



# ym salon

85 elizabeth st paddington nsw 2021

t: 02 93284418 w: ymsalon.com.au e: ymsalon@bigpond.com.au

open mon to sat 9.00 to 5.30pm wed/thu 9.00 to 9.00pm

crèche open wed to fri 9.00 to 2.00pm

## menu

[ymsalon.com.au](http://ymsalon.com.au)

# hair

## cut

shampoo, cut & blowdry \$105  
men's cut \$65

## blowdrys and updos

shampoo & blowdry \$50  
post colour blow dry \$40  
updo styling from \$85

## semi permanent

short \$90 medium \$100 long \$110

## highlights

full head \$195  
three quarter head \$175  
half head \$155  
halo/ partial \$115  
extra colour from \$25

## tinting

t-section \$50 regrowth \$90  
short \$95 medium \$105 long \$115

**colour correction by quotation & 50% deposit required**

# ym smooth

keratin smoothing is an amazing treatment that “bans the frizz” and lasts for months. it dramatically reduces the time it takes you to have glossy, shiny hair that is humidity proof and incredibly smooth. minimum 2hr appointment.

short to chin length \$269  
medium to top of shoulder blade \$299  
long below top of shoulder blade \$329  
extra long below waist \$359

please note with ym smooth, a \$75 booking fee is required at time of making your appointment. this is deducted from your total bill on the day. It is non-refundable should you cancel on the day of the appointment.

## treatments

your journey to beautiful hair begins with a complimentary “visarome” an aromatherapy scalp massage customised to your specific needs.

express \$25

intense \$40

scalp exfoliation treatments from \$40

# bridal & make-up

special event make up 45mins \$90 in salon

shampoo, wash & blowdry with make-up 75min \$140 in salon

we would be delighted to provide a quote for your hair & make-up needs for your special day.

- ∞ get your skin and hair in gorgeous condition prior to the event.
- ∞ book our beautiful private manicure room as a venue for hen's parties or the whole salon for your own spa day.
- ∞ let our professional hair and make-up stylists help you look simply amazing on the day itself. in-salon and mobile services available.

## facials

after a detailed consultation, our highly trained therapists will prescribe the correct products to meet your skin's requirements. we choose from dermosthetique for all skin types, method anti-age, method clarifiante for congested skin, method natural for sensitive skin and method relaxante for normal to dry.

### **dermosthetique intense firming therapy 75min \$155 (includes brow shape)**

advanced skincare with dynamic performance. this intense firming therapy works at a cellular level to stimulate cells, replenish moisture and restore radiance. this deep action facial treatment uses a derma roller to enhance product penetration and a specialized masque to aid skin regeneration.

### **dermosthetique beauty express 45 min \$90**

for the time poor individual using an abridged version of the intense firming therapy to achieve similar results but without the massage. a great boost pre party!

### **classic facial 60mins \$110**

for maintaining your skin in beautiful condition. we cleanse, tone, exfoliate under vapour. we follow with a masque, serum, eye cream and moisturiser.

### **speciality facial 75min \$155 (includes complimentary brow shape)**

a more intense treatment for those with skin care issues that need attention. we deep cleanse, tone, exfoliate under vapour. we then massage using warmed silk stones, a tourmaline crystal and ice balls to promote circulation. after the masque, we finish with serum, moisturiser and eye cream. extractions if required.

### **aromassage facial 75min \$135**

a “massage for the face” using aroma pressure and aroma drainage. the skin is left looking radiant, restoring a natural glow to the dullest of skin as well as deeply hydrated.

### **express lane facial 45mins \$75**

for those short on time but still want the results. we cleanse, tone, exfoliate followed by a masque and finish with serum, moisturiser and eye cream.

## peels

### **peels \$60 30mins or add-on to your facial \$45**

advanced professional peel treatments using priori or md formulations glycolic peels to produce a radiant glow.

## eyes

brow shape \$22

lash tint \$25

brow tint \$20

eye design (eye lash & brow tint plus

brow shaping) \$55

eye design with threading \$75

eye lash perm \$60

eye lash perm & tint \$70

bright eyes - an intense eye treatment to reduce puffiness, dark circles and fine lines. \$30

eyelash extensions by appointment

full set \$165 2hr

infills \$85 45 mins

# massage

turn a pampering massage into a therapeutic treatment. our la biosthetique mud massages ease and soothe away muscle aches and pains. we also offer traditional oil for those who prefer it.

## **swedish/pregnancy massage**

30 mins: oil \$60 mud \$80

1 hour full body: oil \$100 mud \$130

# body treatments

la biosthetique mineral-rich beauty mud is blended with luxurious shea butter and infused with peach blossom aromas. after a dry exfoliation our exclusive mud will be draw out impurities and toxins. skin is calmed, leaving it feeling silky smooth and firmer.

## **exfoliation & mud wrap 60mins \$120**

## **exfoliation, massage & mud wrap 2hours \$200**

## **cleansing back treatment 30 mins \$75**

the perfect stress reliever or ideal for problematic backs. combines a gentle back exfoliation, cleansing mud mask and deep moisture treatment.

## **glow body scrub 45 mins \$75**

enjoy our handmade walnut based scrub, followed by a shower or hot towels, then an application of moisturizer all over leaving your skin soft and glowing.

## **full body dry exfoliation 45 mins \$60**

using a soft dry brush we reveal soft skin followed by a shower or hot towels, then an application of moisturizer all over.

# sunless tanning

we've road tested all the colours and we promise absolutely no orange! just like our facials, the therapist will assist you in choosing the right colour for your skin from fake bake, st tropez, be tanned and naked tan

## **rub on tan with st tropez body treatment**

exfoliation, application and buff 60mins \$110

application and buff 30mins \$85

## **spray tan**

exfoliation and spray tan \$85

spray tan (including 2hr tan) \$45

a spray tan addict? prepay 10 tans for just \$250 to be used within 4 months

# manicures & pedicures

xpress nails 15 mins \$20

french polish add \$5

mini manicure or pedicure 30 mins \$35

deluxe manicure 45mins \$50

classic pedicure 45 mins \$50

deluxe pedicure 60 mins \$80

## **shellac gels – chip free nails for weeks!**

manicure \$50

pedicure \$60

soak off \$15

## **spa manicure or pedicure - hands 60mins \$60 and feet 75mins \$90**

a luxurious treatment with exfoliation, moisturizing soak, beauty mud mask and a deep nourishing cream massage, followed by our flawless base, colour and top coat

## **want a group pedicure and manicure party?**

groups are able to take advantage of our gorgeous private pedicure area. catering can be organised or else platters and glasses can be supplied.

# waxing

arm \$40

brow \$22

lip or chin \$15

underarm \$20

bikini \$35

brazilian \$65

g-string \$45

1/2 leg \$35

3/4 leg \$45

full leg \$50

1/2 leg & bikini \$65

1/2 leg & g-string \$70

1/2 leg & brazilian \$90

# threading

threading is an ancient method of hair removal using twisted cotton thread which is rolled over an entire row of hair, resulting in an amazingly clean defined line.

lip \$25 brow \$35 chin \$15 face \$ 60

# packages

we've put together some of our favourites to make it easy to look great all over. we are happy to help you choose from our menu if you wish to create your own.

## **the relax \$195**

1hr massage + classic facial

## **the overhaul \$290**

oil back massage 30mins + classic facial 60mins + classic pedicure 45mins + deluxe manicure 45mins + wash and blowdry 45mins

## **top to toe \$270**

glow body scrub 45min + treatment facial 75mins + wash and blowdry with express manicure 45mins

## **3 months of gorgeous \$185**

3 sessions over 3 months: glow body scrub + dermosthetic beauty express facial + shampoo, wash & blowdry with treatment and visarome. all 3 services are to be booked separately & must be completed 12 weeks after the first appointment.

# teeth whitening

spaWhite removes surface stains from teeth using a patented foam peroxide delivery system and DayLight 5K light with no need to visit the dentist. our trained therapists will take you through the very simple steps to get your teeth sparkling in just 30 minutes. call us if you have any questions.

**30mins \$149**

# ipl laser therapy

laser express are our ipl laser experts. ask us about permanent hair reduction and photo-rejuvenation. appointments occur every four weeks, in line with the normal hair growth cycle.

# cosmetic doctor

our in-house doctor specialises in muscle relaxing treatments and fillers. by appointment only.

# kinesiology

kinesiology encompasses holistic health disciplines which use the gentle art of muscle monitoring to access information about a person's well-being. kinesiology combines western techniques and eastern wisdom to promote physical, emotional, mental and spiritual health. sinead kelly is our practitioner.

**initial consultation 1.5 hrs \$135**

**follow up consultations 1hr \$90**

# mother to be program

pregnancy is the perfect opportunity to focus on one's self. la biosthetique is perfectly safe for expectant mothers using the best in essential oils and plant extracts. 100% natural cosmetics can also be requested.

## **exfoliation & wrap 60mins \$120**

after exfoliation, a moisture hydration booster moisturising cream for dehydrated skin is used to assist with stretch marks. a warming blanket is then placed over you to assist the mud to do it's wonderful work. after a hot towel wash or shower, your skin is once again moisturised with cream to achieve soft, smooth and silky skin all over.

## **the first trimester \$190**

one hour aromatic massage to tone the body and help minimize stretch marks, followed by a classic facial.

## **the second trimester \$225**

combat that "heavy legs" feeling with our focused legs only treatment with exfoliation, leg massage and mud mask followed by a specialty facial, including a complimentary brow shape.

## **the last trimester \$375**

the perfect "time out" package. commence with a specialty facial including a targeted bright eyes treatment and eye design. continue with a deluxe pedicure and classic manicure finished with a wash and blow dry; leave looking and feeling beautiful and relaxed

# child minding our crèche is a nut free zone.

## **\$9 per hour per child open wed to fri 9.00am to 2pm**

relax while our experienced babysitters change nappies and feed your baby. please provide food and drinks; a microwave is available to heat bottles. the creche is only a few steps away from the main salon (but soundproofed) and we will let you know if baby is upset. roll your own pram straight in if baby needs to sleep. little toddlers will love the toys, books, outdoor play area and dvds. a pram is available for children to nap in.

# special events

we specialise in personalised corporate and wedding related events. our manicure and pedicure room is ideal for intimate parties. alternatively be enticed by our facials, body treatments and hair services for group gatherings. call us to discuss your requirements. catering can be arranged.

# gift certificates

get into someone's good books... the perfect gift for someone special. all services are available upon request. customize your gift voucher or take advantage of one of our packages. valid for 6 months, a re-activation fee of 10% applies to expired vouchers.

# arriving

please arrive 10 minutes before your appointment in order to check in. if you arrive late, please be aware that the duration of the appointment will be shortened in consideration of the next client.

# cancellation policy

we appreciate your co-operation in allowing 24 hours notice to reschedule or cancel your appointment. as each appointment is especially reserved for you, no shows or cancellations within 24 hours will incur the full charge.

ym smooth appointments require a \$75 booking fee, non refundable if the appointment is cancelled on the day, but will be deducted from your total bill.

group bookings of 3 or more people require a credit card to secure the reservation and cancellations within 24hours of the start time will incur 100% of the total charge.

prices valid as time of printing but please note that treatments and prices may change or vary from the website and menu.